Week 1

1/15 1 Absorb the Word	Chapters 1-5
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Take time to carefully read through the first 5 chapters of Esther. Tomorrow you will read the rest of the book. (If you want to absorb a little more read the entire 10 chapters both days.) Today and tomorrow are about getting familiar with the whole story before we dive into the practical learning moments on this journey of prayer and fasting.

At the end of each day's lesson, I am asking that you take a few moments to reflect and make a plan based on each day's teaching. For today, as we just get started, take some time and write down some goals for the next 21 days. Remember, set goals which will stretch you physically and spiritually. How you start this time of deep spiritual formation will dictate what you come out of this fast learning and how you personally will benefit for walking through this with your church family. In your writing, it would also be good for you to take notes on your personal observations for each day.

Please remember that you are not walking this pathway alone, there are others praying for you and your spiritual growth every day.

May God bless you today. May you sense the guidance of His Holy Spirit. My prayer for you is that your fasting will be effective, and you will take another step closer to His presence this day!

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