1/16	2	Absorb the Word	Chapters 6-10
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Well, you survived the first day! During the next 2-3 days you will find yourself settling into your new routine. Let me challenge you to strengthen the goals you have made for yourself and solidify your plan for the remaining days ahead.

Today as you read the last half of the book of Esther, try to get very comfortable with the entire story. As you read, please take time to start looking for lessons on your own and allow the Holy Spirit to begin guiding you to the truths that will change your life. Take a few moments to write down some of the things you learn today. And maybe even some of the ways that you can apply what you have learned to your life.

This is also a great time for you to do some spiritual evaluation and spiritual cleansing. Ask Holy Spirit to look deep inside your life and point out to you any of your habits or actions that will hinder you from getting closer to God during this time of fasting. This is where it gets really serious. This is where you must decide how much you are going to lean into the process of prayer and fasting and how real you are going to be with His Spirit as He speaks to you. Allow God to do His work inside of you, listen closely to Him as he speaks, and then have courage to do what He says.

Make sure to take notes on anything God speaks to you for two reasons: so that you might remember what he says and that it will be recorded so you have this as a reference to look back on in the days to come.

May God bless you today. May you sense the guidance of His Holy Spirit. My prayer for you is that your fasting will be effective, and you will take another step closer to His presence this day!

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